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# Mechanistic insight into diabetic wounds: Pathogenesis, molecular targets and treatment strategies to pace wound healing



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# A R T I C L E I N F O A B S T R A C T Keywords: Diabetes Diabetes Wound management in diabetic patient is of an extreme clinical and social concern. The delayed and impaired healing makes it more critical for research focus. The research on impaired healing process is proceeding hastily evident by new therapeutic approaches other than conventional such as single growth factor, skin substitutes, cytokine stimulators, cytokine inhibitors, matrix metalloproteinase inhibitors, gene and stem converting the research or critical conversion stimulators.

1. Introduction

Compromised wounds

Diabetic foot ulcer

Diabetes is a multifaceted metabolic disease that affects more than 340 million individuals and about 20% of them develop diabetic wounds worldwide [1]. Leg or foot ulcers are most common wounds in diabetic patients. Diabetic patients have declined ability to metabolize glucose resulting in hyperglycaemic conditions which further complicate the wound healing process. This can result in stalled chronic wounds. The incidence of delayed healing process in diabetic patient is increasing globally due to lack of preventive and control measures. About 2.5%-15% of yearly world-wide health budgets are consumed on diabetes mellitus and diabetic wounds stake a major part. WHO report speculate that diabetes will be the 7th foremost reason for death in 2030. In 2014, 9% of adults had diabetes and was the reason for death of 1.5 million patients in 2012. More than 80% of diabetes deaths occur in low- and middle-income countries [1,2]. Approximately 50%–70% of all the limb amputations are because of diabetic wounds and it was reported that in every 30 s, one leg is amputated due to diabetic wounds in worldwide [3].

Wound healing is a multifaceted and dynamic process which results in the restoration of anatomic integrity with analogous function. Prime requirement for wound management is rapid and complete healing without spreading infection and sepsis. Acute wounds generally heal with ease without any issue. The major concern involves age related alteration in normal physiological functions like deprived blood circulation, obesity, diseases like diabetes and stressed environmental conditions. Based on their healing potential wounds are indicated into two forms i.e. chronic and acute one. Chronic wounds include tissue injuries which do not heal in an organized set of stages and takes more than 12 weeks for healing [4,5]. Normally, healing process starts with haemostasis that checks the blood loss and invasion of microbes to wounded area. This phase is rapidly followed and overlapped by an inflammatory phase, in which pro-inflammatory cells neutrophils upregulate (initially) followed by macrophages which clean up debris and pathogens along with growth factors and other cytokines and cells. Proliferative phase overlaps inflammatory phase in which new tissue, new blood vessels (angiogenesis) and matrix construction is initiated to fill the wounded area. The final remodelling phase then increases the tensile strength of the extracellular matrix and reduces the blood supply to the damaged area [6-9].

cell therapy, extracellular matrix and angiogenesis stimulators. Although numerous studies are available that

support delayed wound healing in diabetes but detailed mechanistic insight including factors involved and their

role still needs to be revealed. This review mainly focuses on the molecular cascades of cytokines (with growth factors) and erstwhile factors responsible for delayed wound healing, molecular targets and recent advancements in complete healing and its cure. Present article briefed recent pioneering information on possible molecular targets and treatment strategies including clinical trials to clinicians and researchers working in similar area.

DWs<sup>1</sup> are one of the major concerns which mainly includes leg ulcer/diabetic ulcer. Diabetes delay healing process because it impairs each phase of wound healing i.e. haemostasis, inflammation, proliferation and remodelling phase, which has a long-term negative effect on quality of life, morbidity and mortality (Fig. 1). DWs are characterized by delayed acute wounds and chronic wounds unveiling impaired healing due to a postponed, incomplete, or uncoordinated

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<sup>1</sup> Diabetic Wounds

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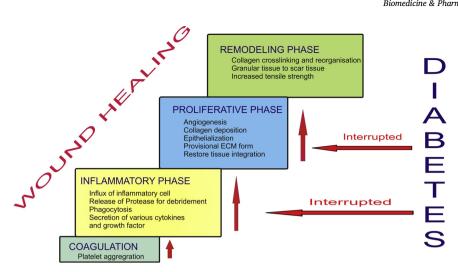


Fig. 1. Interruption of normal wound healing process in diabetes.

healing process. DWs exhibit a persistent inflammatory phase associated with an impediment in the formation of mature granulation tissue and reduction in wound tensile strength. This may be due to the vascular damage resulting in ischemia [10,11]. Each wound is an alarm for health and needs instant care. Generally, wounds are of two types on the basis of origin- external and internal. External origin wounds are like cuts, injuries, burns and bruises. These external wounds may frequently go unnoticed by diabetic patient because of peripheral neuropathy. Internal origin wounds like skin ulcers and calluses cause destruction of skin and nearby tissues with chances of bacterial infection.

Existing standard approach employs series of medical treatments to clean and eradicate the infected tissue, and maintain moisture with adequate blood supply [12]. Recent studies have engaged in understanding the critical factors that influence healing process. Although a great deal remains to be learned, these studies may lead to therapeutics that will promote proper tissue repair and improve impaired wound healing. Present review is an attempt to reveal the molecular events responsible for delayed wound healing, molecular targets for complete healing and recent advancements in its management.

#### 2. Mechanistic insight

Diabetes delays the healing process leading to a non-healing wound including various complications with associated psychiatric stress and depression. These complications consist of functional limitations, difficulty in walking, and infection like cellulitis, abscess, osteomyelitis, gangrene, and septicaemia. Impairment of healing in diabetic patients is familiar but the link between patho-physiology and impaired wound healing in diabetes is still an unknown etiology. The healing process necessitates collaboration between inflammatory cells and biochemical mediators stimulated by various factors. However, alteration of the cellular and biochemical factors and activities have been implicated in the failure of wound healing in diabetics.

Cells involved in wound healing process are neutrophils, monocyte, macrophages, keratinocytes, fibroblasts, T cells, B cells, mast cell and endothelial cells. These cells are actively involved in the production and regulation of various cytokines and growth factors. Monocyte, which later transform into macrophages is the foremost producer of pro-inflammatory cytokines  $IL-1\beta^2$ ,  $TNF-\alpha^3$ ,  $IL-6^4$  and VEGF<sup>5</sup>, IGF-1<sup>6</sup> and TGF-

 $\beta^7$  in both diabetic and non-diabetic conditions. Neutrophils along with T and B cells are also a significant producer of TNF-a, IL-10 and other cells, keratinocytes, fibroblasts, mast cells and endothelial cells. These cells also contribute in production of VEGF, IGF-1 and TGF- $\beta$  [113]. Macrophages are pivotal contributor in healing. Hyperglycaemia and oxidative stress changes the epigenic code that results into change in macrophage polarization and its modulation. Dys-regulated macrophage polarization is one of the main reasons in delayed wound healing [13,14]. Studies revealed that in diabetes, a complex mechanism involve at molecular level which is responsible for delayed wound healing. Activities like sustained production of pro-inflammatory cytokines, impaired angiogenic response and microvascular complications [10], impaired macrophage and neutrophils function [15], impaired keratinocytes and fibroblast migration and proliferation and impaired production of healing-associated factors like impaired growth factor production has been reported in diabetic animal models [16].

The phases of healing process in diabetic patients are also stalled by other factors, including specific metabolic deficiencies, impaired physiological responses like hypoxia due to glycation of haemoglobin and alteration of red blood cells membrane and narrowing of blood vessels [17]. Hypoxia involves decreased oxygen supply to wounds due to narrowed blood vessels. Glycation of haemoglobin causes deficient supply of nutrients and oxygen to tissue which further delay the healing process. Hypoxia/glucose deficiency and deformed proteins produce a stress response to cell by accretion of unfolded proteins within endoplasmic reticulum known as UPR<sup>8</sup>. This UPR is activated just after tissue or skin injury and linked to production of uPR along with augmented expression of the pro-inflammatory chemokine as compared to normal wounds [18].

Local ischemia due to microvascular complications in diabetes considerably delays wound healing. miRNAs<sup>9</sup> are a class of noncoding RNAs of 19–24 nucleotides in length that link in numerous physiological processes and play an important role in these complications. Altered levels of miRNAs have been reported in various diseases and impaired wound healing [19]. One of the miRNAs, MiR-210 is induced in hypoxic situations and targets E2f3 that reduce keratinocyte proliferation in wound healing [20]. MiR-200b decreases angiogenesis by steering globin transcription factor 2 and VEGFR2<sup>10</sup> [21]. Similarly various miRNAs like miR-130a, miR-21, miR-146a, miR-198 and miR-

<sup>&</sup>lt;sup>2</sup> Interleukin-1β

 $<sup>^3</sup>$  Tumour necrosis factor- $\alpha$ 

<sup>&</sup>lt;sup>4</sup> Interleukin-6

<sup>&</sup>lt;sup>5</sup> Vascular endothelial growth factor

<sup>&</sup>lt;sup>6</sup> Insulin-like growth factor-1

 $<sup>^7</sup>$  Transforming growth factor- $\beta$ 

<sup>&</sup>lt;sup>8</sup> unfolded protein response

<sup>9</sup> Micro RNA

<sup>&</sup>lt;sup>10</sup> Vascular endothelial growth factor receptor

26a involve in diabetic wounds that affect epithelization, delay inflammation, fibroblast migration, keratinocyte migration, reepithelialization and angiogenesis [22,23]

Along with these, there are some physiologic factors like increased serum matrix metalloproteinase-9 [24], impaired collagen accumulation and variation in the ratio of collagen types, dysregulation in the neuropeptide expression in the skin along with a suppressed inflammatory response [25], deficiency of thrombin-activatable fibrinolysis inhibitor [26], AGE<sup>11</sup> modification of PDGF [27], decreased number of epidermal nerves, epidermal barrier function [10] and misbalance between the accumulation of ECM components and their remodelling by matrix metalloproteinase [17,28] are responsible for slow healing process in diabetic patients (Fig. 2).

#### 2.1. Roles of chemokines, free radicals and oxidative stress

In last decades, noteworthy evidences have been generated to support a number of mechanisms as shown in Fig. 3 which influence diabetic wounds including polyol pathway, hexosamine pathway, diacylglycerol pathway, nitric oxide blocking, PKC (protein kinase C) pathways, formation of AGEs i.e. maillard reaction and intraglomerular hypertension induced by glomerular hyperfiltration which lead to neuropathy. These mechanisms are stimulated by mitochondrial overproduction of reactive oxygen species [29] and oxidative stress. In diabetes, high oxidative stress plays a major role in complications and impaired healing process. One of the transcription factor NRF2<sup>12</sup> controls the adaptive response to oxidative stresses as well as decreased apoptosis, promote cell migration, proliferation, and cell differentiation [30]. High glucose and oxidative stress activates NRF2 to control and repair the impairment. Long et al had shown that inducing NRF2 activation reduced diabetes-induced oxidative stress levels, regulates the expression MMP-9, TGF-B, migration and proliferation-related genes via direct or indirect mechanisms [31].

ATF-3<sup>13</sup> is a stress-inducible gene, and its expression is induced Bcell dysregulation and diabetic complications [32]. The irregular proinflammatory response activates ATF-3 and iNOS and induces oxidative stress, which might be responsible for the prolonged healing processes. Badr et al revealed that irrationally up-regulated expression of ATF-3 and iNOS tailed by an increase in free radical levels and rise in caspase-3,-8, and -9 activityare responsible for impaired cellular differentiation and remodelling phase in healing process [33].

Numerous proinflammatory cytokines plays a major role in leukocyte accumulation (monocytes /macrophages/ neutrophils/ immature dendritic cells) like MIP1 $\alpha^{14}$ , MIP-2<sup>15</sup> and KC<sup>16</sup> and human  $\beta$ -defensin (H $\beta$ D 1, 2, 3) as antibacterial in healing process. CX3CL1<sup>17</sup> is stated as a soluble chemokine and membrane-bound form on the surface of cells promoting macrophage and fibroblast accumulation [34–36]. Badr et al. revealed that abnormal expression of MIP1  $\alpha$ , MIP-2, CX3CL1, reduce level of H $\beta$ D 1, 2 and 3, irregular activation of STAT3<sup>18</sup> and decline in the activation of AKT/PKB (serine/threonine protein kinase B) and NF- $\kappa$ B<sup>19</sup>. All these collectively contribute tointerrupt healing in diabetic wounds [34,37].

Diabetic peripheral neuropathy lead to sensory, motor and autonomic dysfunction, each of which contributes to delayed wound healing. In sensory neuropathy, sensation to pain either is lost or absent creating most important threat for the growth of diabetic wounds.

Abnormal glycation of nerve cell proteins and the unfortunate activation of protein kinase C due to hyperglycaemia and oxidative stress lead to nerve dysfunction and ischemia [38]. Lack of protective sensation in diabetic wounds leads to unnoticed progression of wounds to worse. Recently Huang et al., reported that alteration in the Akt/mTOR pathway results in impaired wound healing in diabetes induced rat model [39]. Similarly, Lima et al reported, Insulin induces activation of insulin signalling pathways i.e IR/SHC/ERK and IR/IRS/PI3K/AKT pathways in wound healing. By inducing these pathways it increases VEGF and SDF1a tissue expression, increased eNOS phosphorylation, angiogenesis and improved healing in diabetes [40]. Studies revealed the role of matricellular proteins in wound healing which linked with the proteins of the ECM and connecting them to cell surface receptors. One of the matricellular proteins, AL-4<sup>20</sup> facilitates keratinocyte migration, reepithelialization and angiogenesis. AL-4 can connect with integrin β1, and activate the SRC, ERK, and AKT signaling cascades and start JAK1/STAT3 activation. Activated STAT3 can induce the up-regulation of iNOS<sup>21</sup> expression and increase NO production from the keratinocytes in the wound tissue and promote angiogenesis. Normally AL-4 expression has been low in normal skin and is significantly elevated upon injury. But in case of diabetic patient, AL-4 expression remains low, that delayed the healing process by affecting angiogenesis and re-epithelialization [41].

#### 2.2. Role of immune system

Suitable co-ordination of innate immune system has an important role in wound healing. TLRs<sup>22</sup> are important source for the initiation of the innate immune and inflammation response. Down regulation of TLRs-2 in injured tissue impairs or weakens the immune system and inflammation response [42–44] in diabetic patient which causes reduced chemotactic effect that delays the recruitment of various inflammatory cells. Diabetic patients are highly susceptible to infection caused by delayed wound healing and immuno-suppression [42]. Bacterial connections on the wound are important in the etiology of diabetic wounds and it forms biofilms. These biofilms provide a safeguard to microbes from antimicrobial agents and immune system and interrupt the healing process. It is the most common reason of lower limb amputation in diabetic wounds [45].

Inflammatory cells like neutrophils, monocyte, T cells, B cells and mast cell play a chief role in the immunity. Dysegulation of these cells may be decisive in the inhibition of diabetic host immunity. Elevated levels of pro-inflammatory cytokines such as IL-6 and TNF- $\alpha$  in diabetes causes interrupted inflammatory cascade, hyperinflammation and insulin resistance. Elevated level of TNF- $\alpha$  may be due to accumulation of effector T cells. Maura et al found lower naive T-cell number and a poorer T cell receptor (TCR-V $\beta$ ) range in diabetic wound patients that lead to the accumulation of effector T cells [46].

Immunity is also influenced by high level of AGEs inducing production of various cytokines such as IL-6 and TNF- $\alpha$ . AGEs also obstruct the collagen production, induces apoptosis, excessive immune-responses and negative regulations of the cell physiology leading to impaired healing [47]. Mast cells are potent releaser of angiogenic factors like FGF, VEGF, and TGF- $\beta$ 1 [48]. Various studies support the role of mast cells in wound healing as they act together with macrophages, endothelial cells, and fibroblasts. It plays an important role in matrix restructuring and disturbs the balance between pro-angiogenic factors and anti-angiogenic factors in wound tissues [49]. Bevan et al revealed that in genetically diabetic mice, there was delayed vascular regression due to decrease in the number of mast cells and their dysfunction [50]. Nishikori et al demonstrated the role of mast cell in diabetic wound.

<sup>&</sup>lt;sup>11</sup> Advanced glycation end-products

<sup>&</sup>lt;sup>12</sup> Nuclear factor-E2-related factor 2

<sup>&</sup>lt;sup>13</sup> Activating transcription factor-3

 $<sup>^{14}\,\</sup>text{Macrophage}$  inflammatory proteins  $1\alpha$ 

<sup>&</sup>lt;sup>15</sup> Macrophage inflammatory proteins 2

<sup>&</sup>lt;sup>16</sup> Keratinocyte derived chemokines

<sup>&</sup>lt;sup>17</sup> Fractalkine

 $<sup>^{18}</sup>$  Signal transducer and activator of transcription 3  $^{19}$  nuclear factor- $\kappa B$ 

<sup>&</sup>lt;sup>20</sup> Angiopoietin-like 4

<sup>&</sup>lt;sup>21</sup> Inducible nitric oxide synthase

<sup>&</sup>lt;sup>22</sup> Toll like receptors

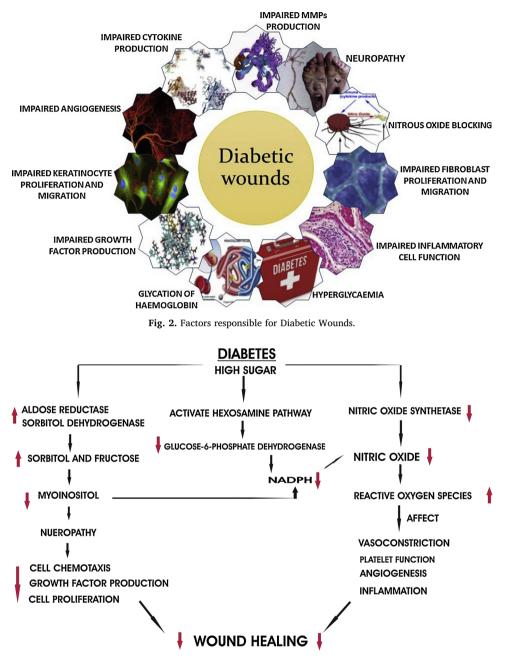


Fig. 3. Major pathways responsible for decreased wound healing in diabetes [4].

They concluded impaired proliferative phase in healing process in diabetes due to delayed increment of mast cells. The dysfunction of mast cells affects the angiogenesis in proliferative phase and vascular regression in the remodelling phase [48]. Tellechea et al, revealed in his experiment that mast cell degranulation was enhanced in the skin of humans and mice with diabetes that led to impaired healing process. Mast cell degranulation inhibitors like disodium cromoglycate, quercetin, and luteolin might be a potent drugs to improve wound healing in diabetes [49]. The RNA expression of MIF (Macrophage Migration Inhibitory Factor) genes deceases in diabeties, which is an important molecule in pro-inflammatory innate immune reactions. Studies reported that decreased level of MIF in diabetic wound might be responsible for impaired production of endothelial progenitor cells and healing process [51,52].

Heat shock proteins (HSPs) promotes wound healing by recruiting dermal fibroblasts, stimulate cell proliferation, differentiation of keratinocytes, decreases oxidative stress, alleviating actin microfilaments, assist endothelial cell migration, stimulate pro-collagen synthesis and protein homeostasis [43,53]. In diabetes, level of HSPs (HSP90, HSP70, HSP47 and HSP27) decreases along with their downstream molecules TLR4 and p38-MAPK [54] that might be responsible for impaired healing process.

#### 3. Role of Growth factors in impaired wound healing

Normal wound healing cascade is well coordinated and synchronised by growth factors, different MMPs (Matrix metalloproteinase), cytokines, inflammatory cells, keratinocytes, fibroblasts and endothelial cells. Growth factors are biologically active polypeptides which are involved in all phase of healing process [55]. They promote the early inflammatory phase during the granulation phase of tissue formation. Compromised wounds frequently show defects in the type and amount of growth factor due to change of their expression, decreased production, decreased release, trapping and excessive degradation [56]. Balance between matrix formation and matrix degradation characterizes ECM synthesis with optimum healing. Factors regulating ECM formation like VEGF [57], IGF-I, IGF-II [58], TGF- $\beta^{23}$ [59], KGF<sup>24</sup> [60], PDGF<sup>25</sup> [61], EGF<sup>26</sup> [62], FGF<sup>27</sup> [63,64], TNF-  $\alpha$  and IL-6 are noticeably decreased in diabetic patients. Growth factors play a critical role in initiating and sustaining the different phases of wound healing (Fig. 4). Any alteration i.e. down-regulation of growth factor receptors and rapid degradation of growth factor leads to delayed wound healing in diabetics.

Platelet releases the PDGF that is a key serum mitogen and induces fibroblast proliferation, matrix production, and maturation of connective tissue [65]. PDGF is synthesized continuously in the wound milieu by macrophages which are major cell in the late inflammatory phase. PDGF works as a chemo-attractant for fibroblasts and inflammatory cells. It facilitates synthesis of glycosaminoglycans, proteoglycans and collagen. It acts as a key mediator in the migration and proliferation of fibroblasts, production of granulation tissue proteins and provisional ECM and angiogenesis during the healing process [66]. PDGF and its receptors expression is decreased in diabetic wounds, signifying its role in healing process [67]. Various clinical studies using PDGF have shown enhanced healing time [68].

bFGF<sup>28</sup> posses stimulatory effect on the growth and differentiated function of fibroblasts and on the proliferation of vascular smooth muscle cells, endothelial cells, extracellular matrix metabolism, growth, and movement of mesodermally derived cells. It increases the rate and degree of granulation tissue formation and stimulates healing process [69].

VEGF is one of the most potent known angiogenic cytokines in the skin, and the amount of VEGF present in a wound can notably impact healing and supports rate-limiting steps of vasculogenesis and angiogenesis. It mainly involves in deterioration of the extracellular matrix of existing vessels by proteases and causes migration and proliferation of capillary endothelial cells [70]. VEGF increases capillary density in diabetic wounds and improves the blood perfusion and metabolism in injured tissue. Restoration of blood flow to injured tissues facilitates oxygen and nutrients supply to support the growth and task of reparative cells which promotes wound healing. It is the main regulating factor in the revascularization and permeability of the wound site, and participates in the formation of the granulation tissue. Roles of VEGF be governed by activation of its receptors, first receptor VEGF receptor-1 activation leads to inflammation while activation of VEGF receptor-2 lead to angiogenesis [71]. The relatively low level of VEGF in local wound is due to diabetes responsible for impaired wound healing. Research studies found that abnormal patterns of VEGF receptors, decreased VEGF mRNA levels, increased VEGFR-1 level and decreased VEGFR-2 level is main reason for non-healing status of wounds [72].

Platelet releases EGF augmenting the epidermal cell, cell motility, cellular migration, mesenchymal regeneration, angiogenesis and cell proliferation after binding to the EGF receptor [73]. IGF-1 and IGF-2 are peptide that forms a complex Insulin-like growth factor (IGF). IGF-1 contributes in wound healing by participating in cell granulation and re-epithelisation, stimulating chemotaxis of endothelial cells and proliferation of keratinocytes and fibroblasts. However, in diabetes patients, expression of IGF-1 is decreased which may be the reason for cell granulation imperfection [74,75]. Its affinities are modulated by the pH of the wound environment [16].

The decreased levels of IGF-1 and TGF- $\beta$  at the wound tissue were reported in both diabetic animals and human responsible for delayed

wound healing process [76]. TGF-B recruits and promotes stimulation of inflammatory cells neutrophils, macrophages, lymphocytes, keratinocytes, fibroblasts and production of growth factors. These accelerate vascularisation, angiogenesis, and formation of ECM and hindered degradation of ECM [77]. The reduced concentration of TGF- $\beta$  has been reported in wound healing in diabetic case [59]. Various studies demonstrated that MMP-encoding genes have a TGF-B1-dependent inhibitory element in the promoter region, which down-regulate the gene's expression. Decreased levels of TGF-B and increased expression of MMPs causes excessive degradation of the growth factors [78]. Along with MMP-encoding genes, Transcription factors like Smad-2, Smad-3 and Smad-4 also activate and repress TGF-B target genes. TGF-B1 activates the Smad-2 and 3 for production of collagen [79]. Decrease in level of TGF-B1 lead to increased recruitment of activated inflammatory cells causing delayed inflammatory phase to proliferation phase of healing process in DWs. High level of TGF-B3 was thought to be the reason for decreased level of TGF-B1 in diabetics [80] which lead to increased macrophage activity and decreased collagen synthesis. In diabetics, high glucose level augmented macrophage activity producing more reactive oxygen species leading to prolonged inflammatory phase [81]. Decreased level and expression of these growth factors lead to poor and prolonged wound healing process in diabetes.

#### 4. Role of MMPs in impaired wound healing

Matrix metalloproteinase is a family of 26 zin. dependent endopeptidases that play crucial role in initial wound debridement, as well as in the phases of angiogenesis, epithelialization, and remodelling of extra cellular matrix [82]. Every matrix proteins like collagens, basement membrane collagens, proteoglycans, elastin, fibronectin are digested by MMPs. The gelatinase (MMP-2 and MMP-9) are two proteinases primarily responsible for breaking down of type IV collagen from the basic matrix. These are present as inactive zymogens that need removal of the pro domain for their activation. Activity of MMPs is regulated by complexation with TIMPs<sup>29</sup>, which block contact to the active site. Balance between MMPs and TIMPs is required for a proper wound healing as supported by number of studies [83]. MMPs are involved in various stages of wound healing like cell migration by proteolysis of the ECM, in re-epithelialization by degradation of junctional proteins, in leukocyte invasion by creating a chemotactic gradient, in inflammation by processing of multiple cytokine either by inhibition or by activation [84]. In these enzymes MMP-1 is crucial for wound reepithelialization, MMP-2 is significant during angiogenesis and prolonged matrix remodelling and MMP-3 is vital for normal wound contraction and in remodelling the basement membrane. While role of MMP-9 during healing is indistinct; it may be involved in separating keratinocyte from the basement membrane before migration and be used to assist matrix degradation by neutrophils and macrophages for the period of elimination of necrotic or damaged tissue [85]. Studies revealed that high levels of metalloproteases are a feature of diabetic wounds, and the MMP levels in chronic wound fluid are almost 60 times higher than acute wounds. This increased protease activity supports tissue destruction and inhibits normal repair processes [86]. One of the possible reasons behind this is high glucose concentrations that directly alter the level and expression of MMPs, decrease the expression of TIMPs via effects of persistently high levels of pro-inflammatory and pro-fibrotic cytokines due to increased activation and invasion of inflammatory cells, and indirectly affect MMPs by formation of advance glycation products [68]. These consequently abolish growth factors, receptors, and matrix proteins crucial for wound healing.

 $<sup>^{23}\,\</sup>text{Transforming}$  growth factor  $\beta$ 

<sup>&</sup>lt;sup>24</sup> Keratinocyte growth factor

<sup>&</sup>lt;sup>25</sup> Platelet derived growth factor

<sup>&</sup>lt;sup>26</sup> Epidermal growth factor

<sup>&</sup>lt;sup>27</sup> Fibroblast growth factor

<sup>&</sup>lt;sup>28</sup> Basic fibroblast growth factor

<sup>&</sup>lt;sup>29</sup> Tissue inhibitors of matrix metalloproteinase

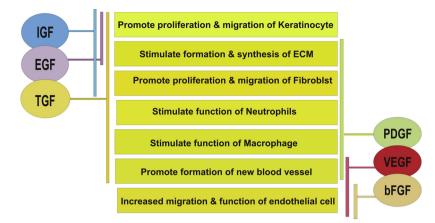


Fig. 4. Role of major Growth Factors on different cells and process involved in wound healing.

#### 5. Molecular targets

Increased understanding of diabetes and its role in impaired wound healing at molecular level have broadened the wound research over recent years. These studies revealed that impaired wound healing in diabetics is due to unusual cellular expression of all participating cells and dys-regulation in the expression of cytokines, growth factors and various other molecular factors required for coordinating the normal healing process. As a result, chronic non-healing wounds are unable to step forward in synchrony and are checked mainly in the inflammatory phase. Numerous molecular factors/targets for management of diabetic wounds have been identified over the years. These management approaches are categorized on the basis of molecular targets which directly or indirectly modulates their activity.

The targets, which directly interact, include various growth factors (PDGF, TGF- $\alpha$ , EGF, VEGF, FGF, and KGF), autologous keratinocytes or autologous fibroblasts and stem cells. The role and importance of these targets were discussed in previous sections. Various agents might indirectly affect the molecular targets by up-regulated or down-regulated expression of growth factor, pro and anti inflammatory cytokines, MMP, nitrous oxide level, collagen synthesis /degradation and factors promoting angiogenesis depending on the specific target. These wound management approaches are classified on the basis of types of therapeutic agents used as drugs, growth factor, other approaches and stem cells and highlights of available clinical status for treatment of diabetic wounds are shown in Table 1. Table 1 also shown the molecular targets directly or indirectly involve in therapeutic approaches by formations or system or drug.

#### 5.1. Natural product based treatment

Traditionally natural source obtained from different sources have been of prime importance to heal wound like turmeric, castor leaves, neem bark, rosemary, ginseng and many more. It has been reported that 70% of commercialized products contains plant based active ingredients, rest 20% are of mineral base and 10% are of animal based and more than 13,000 have been worked out particular to accelerate the process of wound healing. Plant actives which are involved in healing process include glycosides, steroids, saponins, resins, mucilage and flavonoids. Table 2 enlists most of the medicinally active plants which were demonstrated for their wound healing activity in diabetes and Table 3 depict the available marketed products used in management of diabetic wounds.

#### 6. Clinical trials

Various clinical trials were on going to uncover a novel treatment approach for this worldwide health ailment. Tardivoe et al., 2014 performed a clinical trial using photodynamic therapy and result shown that rate of amputation in the photodynamic therapy group was 0.029 times the rate in the control group [87]. Park et al., 2018 performed a phase III multicenter, double-blind, randomized, placebo controlled trial to evaluate the efficacy and safety of a novel spray-applied growth factor therapy containing recombinant human epidermal growth factor (rhEGF) for the treatment of diabetic wounds. This group concluded that patients in the rhEGF treated group notably completed healing as compared to placebo group (73.2% vs 50.6%, respectively; p = 0.001). Also, healing velocity was found to be faster in the rhEGF treated group (p = 0.029) in spite of HbA1c levels. The rhEGF treated group had a shorter median time to 50% ulcer size reduction and shorter time to complete ulcer healing as compared to placebo group [54]. Asadi et al., 2017 performed a randomized, single-blind, placebo-controlled trial using low-intensity cathodal direct current. Results of this study suggested that on applying electric stimulation to ischemic ulcers have positive effects and promote healing by stimulate the release of HIF-1 $\alpha$ and VEGF in the wound area [88]. Soleimani et al., 2017 performed a randomized, double-blind, placebo-controlled trial using flaxseed oil omega-3 fatty acids. This group concluded that on supplementation of omega-3 fatty acids for 12 weeks among diabetic wound patients had a favorable effects on parameters of ulcer size, indicators of insulin metabolism, plasma TAC, serum hs-CRP, and GSH levels [89]. Similar various clinical trials have been performed in recent years to promote healing in diabetic wound patients was described in Table 4.

#### 7. Future therapeutic strategies

Diabetic wounds consequences from numerous risk factors including peripheral neuropathy, peripheral artery disease and foot ailments. In spite of the development in technologies such as bioengineered skin cells and the prevalent application of standard care in treating diabetic wounds, it has been reported that the occurrence of wound healing has remained at less than 50%. The research on diabetic wounds is proceeding hastily evident by new therapeutic approaches other than conventional such as single growth factor, dual growth factor, skin substitutes, cytokine stimulators, cytokine inhibitors, matrix metalloproteinase inhibitors, gene and stem cell therapy, extracellular matrix and angiogenesis stimulators. Future treatment approaches are at present under analysis for the treatment of diabetic wounds includes recombinant growth factors, platelet-rich plasma, Sphingosine 1-phosphate, Substance P, stem cell therapy, MMP inhibitors, shock-wave therapy, laser therapy and natural product based treatment. These approaches are the crucial need for a more realistic, secure and efficient therapy for diabetic wounds (Tables 1 and 2). The majority of these approaches are currently under investigation and their use has mostly been restricted to clinical trials.

Therapeutic strategies explored management of wounds in diabetics.	agement of wounds in diabetics.				
Therapeutic agents	Delivery System and Route	Molecular Target	Outcome and Mechanism	Target tissue/ animal model	Reference
Growth factors	Tonically/ Gel	PDGF and TGF-a	Promoting healing by increasing keratinocyte and fibroblast	Genetically diabetic	[58]
			mitogen	mouse	
basic fibroblast growth factor	PELA Nanofibres/ Topically	Fibroblast	Enhanced proliferation, migration, fibroblast adhesion, re-	Diabetic rats	[06]
Human enidermal growth factor	Cream	HQF H	epithelization, angiogenesis, ECM restoration and remodelling Reduces the healing time	Diahetic foot ulcers	[01]
Recombinant epidermal growth factor	PLGA Microspheres	rhEGF	Increased healing by inducing fibroblasts proliferation and	Diabetic ulcers	[92]
•	a		enhancing proliferating cell nuclear antigen in the epidermis		
PDGF	Gel	PDGF	Increased angiogenesis, cell proliferation and epithelialization	Diabetic rats	[67]
basic fibroblast growth factor	collagen/gelatin sponge		Improve healing	Chronic skin ulcers	[93]
Platelet	Hyaluronic acid Gel	νσυν, ισν-α, νεσν	Ennance granuiauon ussue formation, re-epimenization and reduce pain	cutaneous cnronic wounds	[ OC ]
Recombinant PDGF	Gel	PDGF	Increases reepithelialization, granulation tissue thickness,	Diabetic rats	[94]
			capillary density and improved healing by increased c-fos protein expression and ERK phosohorylation		
Fusion protein (CBD-VEGF)	Collagen Domain	VEGF	Increases vascularisation and maintain VEGF activity	Diabetic rat model	[95]
Recombinant human acidic fibroblast	Chitosan crosslinked collagen sponge	FGF	Increases angiogenesis, collagen generation and dermal cell	Diabetic rats	[96]
growth factor			proliferation		
Recombinant epidermal growth factor	Poly-epsilon-caprolactone and poly- ethyleneelycol Nanofibres	EGF	Promotes proliferation and expression of keratinocytes	Diabetic ulcers	[62]
Arginine and Epidermal growth factor	Hyaluronic acid sponge	EGF	Decreased wound size by increasing the epithelization		[98]
brGr	Collagen-gelatin sponge	FGF	Accelerate ECM formation and angiogenesis	Diabetic mouse model	[66]
Keratinocytes growth factor	Chimeric Nanoparticles	KGF	Increased healing by enhancing reepithelialization and	Chronic wounds	[100]
			granulation tissue formation		
plasmid bFGF	Poly(Ethylene Imine) electrospun Fibers	FGF	Increased healing by enhanced collagen synthesis, maturation	Diabetic skin wound	[101]
rhEGF	Dextrin conjugated Topically		and respirationand to be dermal tissue formation,	(Db/db) diabetic	[73]
			increased granulation tissue deposition and angiogenesis	mouse	
Dual growth factor	Poly(lactic-co-glycolic acid) nanoparticles in	VEGF, PDGF-BB	Accelerated the healing process by increasing angiogenesis, re-		[102]
DIGE	Collagen Chiteen bydrogel Tonically		epitnematization and granulation ussue formation Increased collation biocompletic and by reducing reactive ovvigen	Cutaneous wound	[103]
	сонаден сипкозан нучноден/ торисану		micreased conagen prosprincess and by reducing reactive oxygen species	bealing	[COT]
PDGF-BB	Carboxymethyl cellulose Hydrogel/ Topically		Accelerated healing by enhanced granulation tissue formation	Genetically diabetic	[104]
			and angiogenesis	mice	
bFGF	Chitosan film/ Topically	FGF	Reduced wound area and promoted healing by increasing ECM formation	Genetically diabetic mice	[105]
Recombinant human Epidermal	Polyurethane foam/ Topically		Accelerated healing by increasing contraction rate, re-	Diabetic wounds	[106]
growth factor			epithelialization and collagen deposition		
VEGF	Poly(lactic-co-glycolic acid) nanoparticle	VEGF Receptor -2	Enhanced proliferation and migration of keratinocytes and	Non-diabetic and	[107]
Synthetic drugs			upreguiated the expression of vegraz at inviva level	ulabelic would	
Pravastatin	Subcutaneous sponges	eNOS expression	Improve wound breaking strengths, hydroxyproline accumulation by un-revulation of PNOS and NO expression	Diabetic wound	[108]
Azelnidipine	Solution/Orally	eNOS	Accelerated healing by stimulating NO production and enhancing	Skin Wound in	[109]
			histologic processes	Diabetic Rats	
AL–CS–PGA hydrogel	Hydrogel	Collagen	Increases healing by collagen regeneration and epithelialization	Diabetic rats	[110]
Atorvastatin gel	Carbopol Hydrogel		Increased healing with closure and epithelisation within 7 days	Diabetic rats	[111]
Erythropotetin	Cream	VEGF	Decreased wound closure time, increased VEGF and hydroxynroline and microvascular density	Diabetic rats	211
Pentoxifylline	Cream	MMPs and TIMP-1	Accelerates healing by decreasing MMPs expression and increased	Diabetic rats	[113]
			TIMP-1 expression		

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(continued)	Theraneutic agents
Table 1	Theran

Therapeutic agents	Delivery System and Route	Molecular Target	Outcome and Mechanism	Target tissue/ animal model	Reference
Deferoxamine	Intra-peritoneally	HIF-1α, SDF-1α, VEGF	Increased neovascularisation and healing by promoting endothelial tube formation and cell proliferation through up- reoulation of HIF-1 cr	Diabetic rats	[114]
	Topically		Increased neovascularisation and healing by decreasing mRNA expression and protein levels of TNF-α. MMP-9 and II-1β	Diabetic rats	[115]
Substance P	I.V.	endothelial cell adhesion molecules or IL-8	Increases early leukocyte and macrophage density in healing and promoting cutaneous wound repair	Diabetic murine wounds	[116]
	Topical application		Decreased levels of TNF- $\alpha$ , IL-1 $\beta$ and MMP-9 and increase IL-10 levels and increased the expressions of VEGF, TGF-b, SDF-1 $\alpha$ , HO-1 and e-NOS.	Diabetic rat	[117]
			Reverses the proinflammatory state in diabetic wound and modulate activation of macrophage and improve healing	Diabetic skin wounds	[118]
Propranolol	Solution Orally	VEGF, TGF-β, IL-8, MMP-9	Reduces inflammatory cell and MMP-9 levels and increases cell proliferation, mast cell number, collagen deposition, blood vessel density, and nitric oxide level	Diabetic rats	[119]
Glucophage (metformin)	nanofibrous collagen/PLGA membrane	9-4MM	Faster healing by increased re-epithelialization and collagen I synthesis by down-regulating MMP-9	Diabetic wound	[120]
Novel nano-insulin	Silver nanoparticles Coated with Insulin	IL-6, TNF-α, IL-10	Regulation of balance among IL-6, TNF-α and IL-10 at the wound site to homomote faster wound remodaling	Diabetic rats	[121]
GW501516	Polymer Microparticle/	peroxisome proliferator-activated	successful the oxidative wound micro-environment to accelerate Reduced the oxidative wound micro-environment to accelerate	Diabetic wound	[122]
MK0626	Dipeptidyl peptidase-4 inhibitor/ Oral	HIF-1α / SDF-1	Significantly improved healing, angiogenesis, and endogenous moreoritor rell recruitment	Diabetic mice	[123]
Poly (caprolactone) /gelatin nanofibrous composite scaffold	Conducive Poly (caprolactone) /gelatin nanofibrous composite scaffold containing	Epithelial-to-mesenchymal transition and endothelial mesenchymal	Improve diabetic wound healing by releasing Si ions and ano- fibrous structure	Diabetic mice	[124]
Adenine	sincate-based bloceramic particles Ointment	transformation pathway AMP-activated protein Kinase, PPARS	Increasing the healing by increasing angiogenic related protein DDARS and dorrease the ACR recontors	Diabetic mice	[125]
Bee venom	Subcutaneous injection	Nrf2, Ang-1 and Tie-2 signaling	Enhanced wound by rising collegen and BD-2 expression and reinstate the levels of Ang-1 and Nrf2 and Tie-2 downstream sionaline	Diabetic mice	[126]
Curcumin	Composite graft with Cytomodulin coupled porous PLGA microparticles		Better and faster wound healing with regenerating a skin of higher tensile strength.	Diabetic rats	[127]
Other approaches Sphingosine 1-phosphate	Subcutaneous	EDGs	Accelerates healing by increased vascular formation within the	Diabetic mice	[128]
Adiponectin		TGF-β	granulation tissue Restrain proliferation and differentiation of keratinocytes, and revulates the expression of TGP-A	Diabetic wound	[129]
Neurotensin	5-methyl pyrrolidinone Chitosan Dressing	TNF- $\alpha$ , IL- 1 $\beta$ , collagen expression	Reduced inflammatory status, improve healing, re- epithelialization by decreasing inflammatory infiltrate and incomming the holo and inframmatory and collocar demonition	Diabetic wound	[130,131]
	Collagen dressings	ΤΝΡ-α, ΙΙ-1β	increasing inviousas ungration and coungent reposition Reduced inflammatory cytokine TNF-a, IL-1§ and MMPs, increased fibroblasts migration and collagen expression and denosition	Diabetic mice	
Broad-spectrum MMP inhibitor	Sepharose resin, Topically	MMP and TIMP	Accelerate healing, re-epithelialization and inhibit MMP-9 activity	Diabetic wound	[28]
Hyaluronic acid	Solution, I.P.	TGF-β	Improved healing by increasing skin remodelling proteins, TGF- $\beta$ and transplutaminase-11	Genetically diabetic mice	[132]
HoxD3 plasmid DNA	Methylcellulose Film	HoxD3, Col1A1 and β3-integrin	Significant acceleration of wound closure by increasing mRNA expression of HoxD3, Col1A1 and $\beta$ 3-integrin leading to	Diabetic mice	[133]
Human Amniotic fluid Proteome			ennanceu angiogenesis and conspen deposition Accelerates healing by activating mitosis and angiogenesis	Diabetes-impaired wound	[134]
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Therapeutic agents	Delivery System and Route	Molecular Target	Outcome and Mechanism	Target tissue/ animal	Reference
				model	
Angiopoietin-like 4	Topical	Nitric Oxide	Increases diabetes induce wound healing via increasing nitric oxide production accelerated reepithelialization and improving angiogenesis	Diabetic mice and human skin tissue	[41]
Stem cells Adipose tissue-derived Mesenchymal	Intra-dermally	VEGF, HGF	Enhances healing by anti-inflammatory and anti-apoptotic effects	Diabetic rats	[135]
Autologous Keratinocytes or	Cell suspension	Fibroblast, Keratinocyte	Accelerate healing by enhancing re-epithelialization rate	Diabetic porcine	[136]
Allogenous skin fibroblasts	Cell suspension	Fibroblast	Promote healing by increasing re-epithelialization, fibroblasts	wound Diabetic sheep	[137]
BM derived Mesenchymal Stem Cells	Subcutaneously Cell suspension		atu auguogenesis Stimulate healing by increasing production of cytokines and/or Liv attaution of and	Murine and human	[138]
		EGF, VEGF, Prolyl4-hydroxylase, Ki-67 expression	by summation of emogenous resident cens Enhances healing by reduction in topical pro-inflammatory action and increases VEGF	cutaneous wountus Diabetic rats	[139]
Mesenchymal Stem cells			Promotes healing by enhancing angiogenesis	Diabetic wound	[140]
	Electrospun Collagen Scaffold	Fibroblast	Enhancing healing by promoting fibroblast migration and proliferation	Diabetic mice	[141]
Topical embryonic stem cells	Topical injection	EGF, VEGF	Accelerated healing by stimulating epidermal regeneration, granulation tissue formation and angiogenesis via increasing EGF, VEGF and fibronectin	Diabetic rats	[142]
Amniotic Mesenchymal Stem Cells	Injection	angiogenic factors	Promotes healing by up-regulation of angiogenic factors, IGF-1, EGF and IL-8 and enhanced engraftment/ differentiation	Diabetic NOD/SCID mice	[143]
Placenta mesenchymal stem cell	Intradermal injection	Pro-angiogenic molecules	Accelerates healing by stimulating vascular regeneration	Diabetic Goto- Kakizaki rats	[144]
BM-derived SPCs	Topical		Improves healing via indirect mechanisms that enhanced	Diabetic mice	[145]
Adipose tissue-derived stromal cells	Atelocollagen matrix		anglogenesis Accelerating healing by increasing granulation tissue formation, enthebium and canillaries	Db/db mice	[146]
Dermal sheath derived Mesenchymal Stromal cells		IL-6, IL -8 and growth-related oncogene	Enhanced kerningtes, fibroblasts proliferation and endothelial cells in vitro and decreases healing time	Diabetic wound	[147]
Umbilical cord blood-derived hematopoietic stem cells (CD34 <sup>+</sup> cells)	3D fibrin gel with CD34 <sup>+</sup> -derived endothelial cells	IL-17, IL-10, ERK1/2 patway	Reduces the inflammatory reaction and enhances neovascularization	Diabetic mice	[148]
Adipose-derived stem cells	Injectable hydrogel system	CD11b, TNF $\alpha$ , IL-1	Accelerated healing by inhibiting inflammation and promoting antioeonesis and re-enithelialization	Humanized excisional wound model	[149]
Adipose-derived stem cells, Endothelial-differentiated stem cells	Injection		Increase in the % of wound closure rates in cell-based treatments.	Diabetic swine	[150]
Human umbilical cord blood-derived mesenchymal stromal cells	Transplantation	Collagen and (TGF)-ß	Improved the healing by increasing collagen synthesis and angiogenesis.	Diabetic Mice	[151]

## Table 2

Natural products	Outcome with possible mechanism	Animal model	Ref.
Rosmarinus officinalis L. Family: Lamiaceae	Reduced inflammation, debridement, increased contraction, epidermal regeneration and organization	alloxan induced-diabetic mice	[152]
Curculigo orchioides G. Family: Hypoxidaceae	Improve healing by increasing superoxide dismutase, nitric oxide and decreased lipid peroxidation	Streptozotocin induced diabetic mice	[153]
Anily: Hypoxialecae Aelilotus officinalis (L.) Pall. Family: Fabaceae	Induces micro-vascularisation and Anti-inflammatory activity	Diabetic patients	[154]
Rehmanniae Libosch. ex Fisch. & C.A. Mey. Family: Orobanchaceae	Improved healing by enhancing tissue regeneration, angiogenesis and inflammation control	Streptozotocin-induced diabetic rat	[155]
Curcumin <i>Curcuma longa</i> L.	Increased wound closure rate by reduced inflammatory induction and antioxidant activity	Streptozotocin induced diabetic mice model	[156]
amily: Zingiberaceae	Improved healing by increasing granulation tissue, fibroblasts proliferation and collagen deposition	Streptozotocin induced diabetic rats	[157]
	Enhanced healing by accelerated neovasculogenesis, increased expressions of VEGF, TGF- $\beta$ , hypoxia-inducible growth factor-1 $\alpha$ , stromal cell-derived growth factor-1 $\alpha$ , and heme oxygenase-1	Streptozotocin induced diabetic rats	[158]
Iartynia annua L. amily: Martyniaceae	Enhanced healing by free-radical scavenging activity of the flavonoids and luteolin	Streptozotocin induced diabetic rats	[159]
enista tinctoria	Improved healing and angiogenesis by suppression of FoxO1, iNOS activity and oxidative stress		[160]
amily: Fabaceae ithospermun erythrorhison Siebold & Zucc. amily: Boraginaceae	Decreased vascular permeability, increased granulation tissue formation	Diabetic mice	[161]
amity: Dobagnateeue stragalus membranaceus (Fisch.) amily: Fabaceae, ehmannia glutinosa (Gaertn.) Steud. amily: Orobanchaceae	Increased healing and post-ischemic neovascularization by augmenting blood vessel density, VEGF and eNOS expression, and attenuate oxidative stress	STZ induced rat with hindlimb ischemia model	[162]
anny: s'oscantaceae stragalus membranaceus (Fisch.) amily: Fabaceae, ehmanniae Libosch. ex Fisch. & C.A. Mey.	Enhanced healing by increased tissue regeneration, promoting angiogenesis and inhibiting inflammation	Streptozotocin-induced diabetic rat	[163]
amily: Orobanchaceae nnona squamosa L.	Enhanced epithelialization rate, cellular proliferation and collagen synthesis	Streptozotocin-induced diabetic	[164]
amily: Annonaceae licotine licotiana tabacum L.	Accelerated healing and angiogenesis	rat Streptozotocin induced diabetic mice	[165]
amily: Solanaceae Illium sativum L.	Improve healing in diabetes	Alloxan induced diabetic rats	[166]
'amily: Amaryllidaceae Iaringin	Enhanced healing by inducing angiogenesis and down-regulate the expression of TNF- $\alpha$ , IL-1 $\beta$ and IL-6 and upregulate the expression of IFG-1, VEGF and TGF-b	Streptozotocin-induced diabetic rat	[167]
loe vera (L.) Burm.f. amily: Asphodelaceae	Accelerated healing	Streptozotocin-induced diabetic rat	[168]
parassis crispa (Wulfen) Fr. amily: Sparassidaceae	Improve healing by promoting migration of macrophages, fibroblasts, and synthesis of type I collagen.	streptozotocin induced diabetic rats	[169]
Ioney pis mellifera L. amily: Apidae	Promotes epithelisation	Human patients	[170]
Ioney with hydroalginate Istragulus polysaccharide-loaded fibrous mats	Improve wound healing Accelerated healing by restoration of microcirculation and promoted angiogenesis	Human patients Streptozotocin-induced diabetic rat	[171] [17
angelica sinensis (Oliv.) Diels, 'amily: Apiaceae Istragalus membranaceus (Fisch.) 'amily: Fabaceae, Ingelica dahurica Fisch.ex Hoffm., 'amily: Apiaceae and Gleditsia sinensis Lam.	Improve healing by reduced neutrophil infiltration and macrophage accumulation, enhanced angiogenesis, and increased collagen deposition	Streptozotocin-induced diabetic rat	[173]
<i>amily: Fabaceae</i> See venom	Enhanced wound closure by increasing collagen production and reinstating the levels of	Type I diabetic mouse model	[33]
amel milk Peptide	inflammatory cytokines by acting on ATF-3 and iNOS Restore the normal redox status and activate the inflammatory cascade and stimulates	Streptozotocin-induced diabetic	[52]
They Protein	healing Improves healing by increased glutathione synthesis and cellular antioxidant defence	rat Streptozotocin-induced diabetic mice	[37]
	Improved healing by Up-regulation of Hsp72 and keratin16	mice Streptozotocin-induced diabetic rat	[174]
	Enhanced collagen deposition, restored the activation of STAT3, Akt and $\text{NF-}\kappa\text{B}$	rat Streptozotocin-induced diabetic mice	[175]
ropolis	Enhance healing by increasing collagen production via TGF $\beta 1$ and smad2, 3 signaling	Streptozotocin-induced diabetic mice	[ <b>79</b> ]

#### Table 3

Marketed Products for rapid wound healing in diabetes.

Product	Composed of	company	
Apligraf (Graftskin)	Bovine collagen and living fibroblasts and keratinocytes	Novartis, Switzerland	
Dermagraft	Cryopreserved human fibroblasts-derived dermal substitute	Shireplc, USA	
Becaplermin (Regranex)	Platelet Derived Growth Factor-BB	Smith & Nephew, Inc., USA	
Bilayered living human skin equivalent	Cultured keratinocytes on the fibroblast-populated collagen lattice		
Angipars	Melilotus officinalis	Endocrinology and Metabolism Research Institute, Iran	
Ampucare	Azadirachta indica and Curcuma longa	Venus Remedies Ltd., India	
Fiblast Spray (Trafermin)	Recombinant bovine bFGF	Kaken Pharmaceutical Co.,Ltd.	
MediHoney	80% active Leptospermum honey with colloidal alginate	Derma Sciences, Inc., USA	
rHuHSP90a-115	Topical protein drug		
Woulgan <sup>®</sup> biogel (in clinical trial)	Biotec Pharmacon's soluble yeast beta-glucan (SBG)	Biotec Pharmacon, Norway	

#### Table 4

List of clinical trials studies on diabetic wound.

S. No.	Study design	Drugs/ Methods	Result	References
1.	Randomized phase III Clinical Trials	Topical betulin gel	Accelerates re-epithelialization of partial thickness wounds	[176]
2.	Randomized Clinical Trials	Honey dressing	In treated group, microbial clearance, and healing area were notably higher than control groups.	[177]
3.	Randomized Clinical Trials	Royal Jelly	Healing area, healing rate and time not showing any change with placebo treated group.	[178]
4.	Randomized Clinical Trials	Manuka	Healing time of treated group was considerably lower than control group. And $\%$ of	[179]
		honey-impregnated dressing	ulcers healed did not change significantly between groups	
5.	Randomized, Double-blind	Dragon's blood cream	Dragon's blood cream significantly improves healing duration.	[180]
6.	Single-blinded randomized controlled	Extracorporeal Shock wave therapy	Noteworthy decrease in wound size and median time requisite for ulcer healing.	[181]
7.	Single-arm clinical trial	Autologous platelet-rich plasma gel	Wound area significantly decreased in treated group as compared to control.	[182]
8.	Randomized Controlled trial	LeucoPatch system	LeucoPatch treated group, 34% ulcers healed within 20 weeks as compared to 22% ulcers in the standard care group.	[183]
9.	Randomized Controlled trial	Negative pressure wound therapy	Reduces the granulation time of by 40% in diabetic wounds as compared to standard wound dressing.	[184]

### 8. Conclusion

There has been exponential growth of research in the field of diabetic wound management over the past years. Impaired wound healing is common impediment of diabetes that has potentially devastating consequences on suffering patients. Numerous factors contribute to impaired healing in diabetes as suggested by various researches. Significant developments have been made on various new therapeutic approaches and products in management of wound healing in diabetes. Approaches involving the growth factor, dual growth factors, various cytokines modulators, anti-inflammatory drugs, MMP inhibitors, angiogenesis stimulator, ECM stimulators, stem cells, and various natural based products have been evaluated with limited achievement. Recent studies based on combinational approach have overpowered conventional approaches. It presents a hope for the researchers to go through the new advancement in the designing of novel carrier along with understanding basic approach. Combination approaches can be an important area for future research in management of compromised wounds. Thus, contributing towards accelerated healing of diabetic wounds. Strong research is needed to recognize different agents that could act at different phase of wound healing in diabetes. Getting better clinical methodologies and system can be of assistance in recognizing the extent of healing.

#### **Declaration of interest**

The authors report no declarations of interest.

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